

National BalBhavan

Kotla Road, New Delhi

Weekly plan of various activities from 14th to 18th July, 2020

S.No.	Section	14.07.2020 (Tuesday)	15.07.2020 (Wednesday)	16.07.2020 (Thursday)	17.07.2020 (Friday)	18.07.2020 (Saturday)
1.	Photography	Will discuss on travel photography though, after lockdown we can go out. Before going to some place get information about that area .it's history and Archaeology ext. then make a photo story. Explain with example....				
2.	Clay	We will make all kinds of utensils with clay coils				
3.	Weaving	Single ribbon woven lace	Double ribbon woven lace	Four ribbon woven lace	Woven ribbon wand	Woven ribbon star
Children will be taught through reference videos related to the topics.						
4.	Environment	Rotocopter	friction	magnetic fly	CD spin	Food web
5.	Woodcraft	How to make a landscape painting by wood dust	How to do framing of painting	How to make a design in wood from burning	How to make a painting from burning	Practice of making flower by children
6.	Integrated	हैंगिंग (चिडिया का घोंसला)	अखबार से हाथी बनाना।	पेपर से शिक्षरी बनाना।	पेपर हट	मछली वाली हैंगिंग बनाना।
7.	Aeromodelling	What is an Aircraft	Types Of Aircrafts	Fighter Aircraft-SU-30 MKI	Latest Fighter Aircraft- Rafale	LCA- Tejas (Made In India)
8.	Stitchery	Introduction to different type of PLEATS. (Part 1)	Introduction to different type of PLEATS. (Part 2)	Children will learn about some of the PLACKETS, their types and uses. (Part 1)	Children will learn about some of the PLACKETS, their types and uses. (Part 2)	How to sew HOOK & EYES.
9.	Phy. Education	Wake up exercises	Focus exercises.	Strong exercises.	Stretching exercises.	Calming exercises.

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10.		Adventure Sports?	What are proteins?	Sports Training?	What are Biomechanics tapes?	Test and measurement
11.		Judo ground exercise – 1. The grappling exercise, 2. The strength exercise.				
12.	Museum	Introduction about architecture and its importance followed by activity	Giving children information types of houses, their designs and why they differ. Followed by an activity	Briefing children about elements of Indian Architecture, followed by activity	Informing children about formation and development of Indian Architecture, followed by activities	Giving children information about influences in Indian Architecture, how museum play an important role in safeguarding these, followed by related activities
13.	Bharatnatyam	'तेई तेई तत ता ' अडवु के प्रथम तथा द्वितीय पाद संचालन को सीखना।	भरतनाट्यम नृत्य मे चार भाईयों (Chinnaiah, Ponniah, Sivanandan and Vadi velu) का योगदान	भरतनाट्यम मे 'तेई तेई तत ता ' अडवु के तृतीय पाद संचालन को सीखना तथा सीखे हुए अडवु ' थित तैयुम तत ता तेई ' का अभ्यास करना।	भरतनाट्यम नृत्य मे मार्गम (margam or sequence) का वर्णन तथा उसकी भरतनाट्यम मे महत्ता को समझना।	' सीखी हुई ' पुष्पांजली'का अभ्यास करना तथा इस सप्ताह सीखे हुए सभी पाद संचालनो का अभ्यास करना।
14.	Handicraft	Nek Chand sculpture repairing				How to make foil paper craft
15.	Vocal Music	Introduction of Raga Bhupali	Sthayi of Bandish of Raga Bhupali	Antara of Bandish of Raga Bhupali	Simple taans in Raga Bhupali	Practice of Aaroh Avroh, Bandish and Taans in Raga Bhupali
16.		Thumri	Thumri	Thumri (How to	Different Bhaav Use	Taal Use in Thumri

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		Introduction		sing in Taal)	in Thumri	
17.	Astronomy	What are Auroras	Planets Parade	What is Quantum Physics	Discovery of Curiosity Rover on mars	What are Dwarf Galaxies.
18.	Drama	What is classical acting	Method acting	Practical aesthetics acting	Stanislavski system	Script analyses.
19.	Folk Dance	The second half of Rajasthani song with some more footwork and hand moment	practice of second half footwork and hand movements with music	Do some more Rajasthani moment	will practice some Rajasthani movement with music	finish of second half with music
20.	Computer	BHIM app everything you need to know	10 best Accessories for Android smart phones	How to make your number private or hidden	How to increase internal memory	USSD code