

National BalBhavan

Kotla Road, New Delhi

Weekly plan of various activities from 15 – 19 June, 2021

S.No.	Section	15.06.2021 (Tuesday)	16.06.2021 (Wednesday)	17.06.2021 (Thursday)	18.06.2021 (Friday)	19.06.2021 (Saturday)
1.	Phy. Education	Schedule for kids: - Star Jumps, Push ups, squats, plank, mountain climbers, walking lunges				
2.	Vocal Music	Bhajan (Sthayi)	Bhajan (Antra)	Bhajan (Sthayi with Taal)	Bhajan (Antra with Taal)	Revision
3.	Bharatnatyam	जतिस्वरम के द्वितीय कोरवई के पाद संचालन को सीखना।	अभ्यास	जतिस्वरम के द्वितीय कोरवई के हस्त संचालन को सीखना।	अभ्यास	पूर्ण द्वितीय कोरवई का अभ्यास
4.	Drama	Play discussion about the story	Play script work	Play reading and scene work	Play blocking	Play rehearsal
5.	Integrated Activities	Wall hanging from color paper	Horse making from paper cup	Mask making from color paper	Surahi making from color paper	Boat making from color paper
6.	Museum	Museum section will put up an online exhibition on 7th International Yoga Day, on 21st June, 2021 to motivate children to be healthy at their homes. Hence this week Museum section will do planning, lay outing and designing of this exhibition				
7.	Weaving	Different Types of woven greeting cards				
8.	Photography	Food photograph it in day light or top light				
9.	Clay	We will make model, based on environment.				