

# National BalBhavan

Kotla Road, New Delhi

Weekly plan of various activities from 23<sup>rd</sup> to 27<sup>th</sup> June, 2020

S.No.	Section	23.06.2020 (Tuesday)	24.06.2020 (Wednesday)	25.06.2020 (Thursday)	26.06.2020 (Friday)	27.06.2020 (Saturday)
1.	<b>Photography</b>	Birds - how to take good photos of Birds with example photographs.				
2.	<b>Clay</b>	We will make model based on different type of cartoon characters				
3.	<b>Weaving</b>	Different types of woven accessories				
4.	<b>Environment</b>	Importance of forest- Documentaries	Splitting of sun light	Images by concave mirror	Wind vane	Hot air rise up
5.	<b>Woodcraft</b>	How to do painting by wood dust	How to do frame from wood	how to make a flower in wood inlay	How to make a design in wood inlay technique	Practice of making inlay by children's
6.	<b>Integrated</b>	लकड़ी और नारियल के छिलके से डायनासोर बनाना।	लकड़ी से झोपड़ी बनाना।	लीची के बीज से चींटी बनाना।	नारियल के छिलके से बालों में लगाने वाला क्लिप बनाना।	लीची के बीज से मकड़ी बनाना।
7.	<b>Aeromodelling</b>	Introduction of Drone	Different Types of Drone Models	How to make Drone Model	What UAS & UAV	Drone Model Flying
8.	<b>Stitchery</b>	How to make a <b>Pincushion</b>	How to make a <b>Potli Bag</b>	How to make a <b>Wool flower</b>	How to do basic <b>Patch/Applique Work</b>	Children will learn about <b>Kashmiri /Kashida Embroidery</b>
9.	<b>Painting</b>	Glass painting (age group: 5 – 10 years)	Bottle cap Painting (age group: 5 – 10 years)	Coconut shell tortoise painting (age group: 10 – 15 years)	Pithora painting (age group: 10 – 15 years)	Bhil art (age group: 10 – 15 years)

S.No.	Section	23.06.2020 (Tuesday)	24.06.2020 (Wednesday)	25.06.2020 (Thursday)	26.06.2020 (Friday)	27.06.2020 (Saturday)
10.	<b>Phy. Education</b>	Make Your Kid Live Life the Healthy Way				
11.		Eight Limbs of Yoga	Shoulder Electrode muscles exercise	Cuff muscles exercise	Thigh muscles exercise	Forearm muscles exercise
12.	<b>Museum</b>	Introduction about the Sun, solar system and life cycle of stars followed by activity	Giving children information about properties of our sun, distance between the sun and the planets. Followed by an activity	Briefing children about sun as an important source of energy followed by activity	Informing children about time calculation through sun, solar and lunar eclipse followed by activity	Making children aware about cultural facts associated with Sun followed by a basket full of activities
13.	<b>Bharatnatyam</b>	‘तत तेई ताम’ अडवु के प्रथम तथा द्वितीय हस्त संचालन को सीखना।	भरतनाट्यम नृत्य मे देवदासी परम्परा को समझना तथा सीखे हुए नृत्य ‘नटेश कऊतुवम’ का अभ्यास करना।	भरतनाट्यम मे ‘तत तेई ताम’ अडवु के तृतीय तथा चतुर्थ हस्त संचालन को पाद संचालन के साथ सीखना।	भरतनाट्यम नृत्य की प्रमुख शैलियों का वर्णन तथा उनके बारे मे जानकारी ।	‘तत तेई ताम’ अडवु के पंचम तथा षष्ठम हस्त संचालन को सीखना तथा इस सप्ताह सीखे हुए सभी हस्त संचालनो का अभ्यास करना।
14.	<b>Handicraft</b>	How to make cutting and pasting handicraft.			How to make wall hanging.	
15.	<b>Vocal Music</b>	Introduction of kajri	kajri (Song)	Kajri (how to sing in Taal)	Taal use in Kajri	Revision of all
16.	<b>Astronomy</b>	Chandrayan 1 mission	Mars Orbiter Mission (Part-1)	Mars Orbiter Mission (Part-1)	Upcoming Mission – Gaganyaan	Chandrayaan 2 Full Information
17.	<b>Library</b>	Description about Favourite past time during lockdown	Role of our Prime Minister in handling the Covid 19 situation. Express ur views by	Difference between Summer holiday plans during	Express ur views about online classes vs. real class room activities.	Effects of corona on our environment.

S.No.	Section	23.06.2020 (Tuesday)	24.06.2020 (Wednesday)	25.06.2020 (Thursday)	26.06.2020 (Friday)	27.06.2020 (Saturday)
			any method of writing... I.e. poem, article, essay etc.	current year and previous years.		
18.	<b>Home Management</b>	Aloo Tikki Burger	Ripped mango jam	Malai Chaap	Refreshing soonf ka sharbat	Rasgulla
19.	<b>Drama</b>	Basic information about the theatre stage	Silent art drama	How to use of costume	Text and scene study	Dramatic scene work
20.	<b>Sitar</b>	DEFINITION OF VAADI, SAMVADI, ANUVADI & VIVADI SWAR	DEFINITION OF TAAN OR TODE IN SITAR	HOW TO PLAY BASIC TODAS OF 4 MATRA IN RAAG KALYAN	TODAS OF 8 MATRA IN RAAG KALYAN	HOW TO PLAY ANTARE KI TAAN IN RAAG KALYAN

Videos and photographs posted by most of the activity staff made by themselves on their Android phones.

Reference videos from YouTube posted by Computer Section, Weaving, Wood craft, Radio & Electronics, Aeromodelling.