

National BalBhavan

Kotla Road, New Delhi

Weekly plan of various activities from 25 – 29 May, 2021

S.No.	Section	25.05.2021 (Tuesday)	26.05.2021 (Wednesday)	27.05.2021 (Thursday)	28.05.2021 (Friday)	29.05.2021 (Saturday)
1.	Phy. Education	Calm down yoga for kids: - I am strong, I am kind, I am brave Suryanamaskar, cool down exercise, sharasana				
2.	Vocal Music	Raag Desh (Introduction)	--	Raag Desh Bandish (Sthayi)	Raag Desh Bandish (Antara)	Raag Desh Complete Bandish
3.		Abhang (Sthayi)	Abhang (Antra)	Abhang (Sthayi with Taal)	Abhang (Antra with Taal)	Revision
4.	Bharatnatyam	जतिस्वरम की प्रथम जति के पाद संचालन को सीखना।	अभ्यास	प्रथम जति का हस्त संचालन सीखना	अभ्यास	पूर्ण प्रथम जति का अभ्यास करना।
5.	Drama	Street Play	Solo Act play	Mime act	How to reading script play	Discussion about all activity
6.	Integrated Activities	Making wall hanging from color paper	--	Mask making from color paper	Flower making from color paper	Rat making from color paper
7.	Radio & Electronics	Homemade Air Cooler	Model of Wind- Turbine	Simple Touch Sensor	Rain Alarm	Homopolar Motor
8.	Museum	Topic : Museum Week (To mark International Museum day, May-18, 2021)				

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		<p>Aim: To make children aware about the importance of Museums and the knowledge they impart (Three days a week programme)</p> <p>Day 1: Story Telling Session</p> <p>Day 2: Exploring facts about Stupas, the oldest historical structures also exploring a Museum associated with it.</p> <p>Day-3 Discussion "The Future of Museums: Recover and Reimagine"</p>				
9.	Weaving	Types of woven coasters and woven paper flower baskets				
10.	Clay	We will make model based on different type of animals and birds				